



DESCRIPTION

Motivational Interviewing is an evidence-based practice that can easily join with other modalities to help individuals struggling with ambivalence toward making progress with their own stages of change. I utilize the third edition of *Motivational Interviewing - Helping People Change* by William R Miller and Stephen Rollnick as my guide.

Motivational Interviewing techniques are designed to engage a patient at their readiness to change stage and help facilitate further growth by addressing ambivalence and fear of change with a clinical set of skills that are non-confrontational. This training will help new and seasoned clinicians to review or develop several techniques for meeting patients "where they are at" and work through ambivalence or resistance towards a state of action on change.

OBJECTIVES

Upon completion of this course, the participant should be able to:

1. Review the clinical stages of change, tools to assess readiness for change, and interventions that can be used in practice to further improve patient readiness.
2. Discuss the history of motivational interviewing.
3. Recognize the five principles of Motivational Interviewing.
4. Examine the four processes of Motivational Interviewing.

TARGET AUDIENCE

Counselors & Therapists, Psychologists, Nurses, Social Workers, and any other interested healthcare professionals

FEE \$40 Consortium Member \$80 Non-consortium Member

Deadline to register: 9-26-2024

Cancellations and Refund Policy: Cancellations must be made prior to each program's cancellation deadline date as listed on its program details page in order to be eligible for a refund. If you paid a registration fee for your in-person or webinar program and cancel via the registration system by the cancellation refund deadline, you are eligible for a full refund (minus any material fee, if applicable). Refunds are typically processed within 10-15 business days after that.

INSTRUCTOR

Riena Kain LISW-CP, LSCSW, ADHD-CCSP is a graduate of Upper Iowa University with her dual major bachelor's in psychology and human services and Master's degree in Social Work from Washburn University. Riena is a LISW-CP here in South Carolina and a LSCSW in Kansas. Riena also holds an ADHD- Certified Clinical Services Provider title

Thomas Walsh MSW, LISW-CP/S is a Licensed Independent Social Work Clinical Practitioner and Supervisor. He has been working in the field of mental health for over 25 years. Mr. Walsh attended Salem State University and graduated with a Master's degree in Social Work in 1998. After graduation, Mr. Walsh trained with "Structural Family Therapy" creator Dr. Salvatore Minuchin for several months before embarking on his Clinical career

**Friday,
September 27, 2024**

**9:00 am - 1:15 pm
Webinar via WebEx**

CREDIT

AHEC: This program is approved for 0.4 CEU's (4.0 clock hours) by Pee Dee AHEC and meets SC AHEC Best Practice standards. Participants must attend 90% of the program and complete an evaluation in order to receive a certificate of attendance. No partial credit will be given.

Counselors and Therapists: This program is approved for 4.0 hours of continuing education credit. The South Carolina AHEC system is recognized as a permanent sponsor of continuing education by the South Carolina Board of Examiners of Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists. {Provider number is #65}

Social Workers: Pee Dee AHEC, as part of the SC AHEC System, is an approved provider of CE for social workers. This social work program is approved for 4.0 hours of social work credit hours.



SCAN ME

**To Register, please visit
www.scahec.net/learn/login
For questions please contact**

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