

Motivational Interviewing and Solutions Oriented Therapy



DATE + TIME

Wednesday, January 15, 2025
9:00 am - 12:15 pm, Check in at 8:45 am



TARGET AUDIENCE

All interested healthcare professionals working in direct patient care.



INSTRUCTOR

Robin P. McKenna, MSW, LISW



LOCATION

AnMed Hospital, North Campus
Peggy Dean Conference Room
2000 East Greenville Street
Anderson, SC 29621

REGISTRATION



\$60 for non-members // \$0 for Upstate AHEC members

To register: visit scahec.net/learn and use our the new search function to find this course

COURSE DESCRIPTION



Motivational interviewing is a counseling method that helps people resolve ambivalent feelings and insecurities to find the motivation they need to change their behavior. It is a practical, empathetic, and short-term process that takes into consideration how difficult it is to make life changes. This program is designed to teach participants of all experience levels how to apply the general principles of motivational interviewing, understand the stages of change, and explain the 21 solution-oriented techniques to help evoke behavioral change.

OBJECTIVES



At the conclusion of this program, participants will be able to:

- Identify core beliefs necessary for core professionals to be an effective change agent.
- Identify where clients are in stages of change and grief and how to assist.
- Identify strategic questions for evoking memory reconsolidation/change.
- Identify 21 solutions oriented techniques.

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CONTINUING EDUCATION CREDIT



Licensed Professional Counselors and Therapists: This program has been approved for **3.0** hours of continuing education by Upstate AHEC, under its accreditation by the South Carolina Board of Examiners for Licensed Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists.

Social Workers: This program is approved for **3** social work hours of continuing education by Upstate AHEC, a part of the South Carolina AHEC system, as defined by the South Carolina Board of Social Work Examiners.

Licensed Nurses: This nursing continuing education activity awards **3** contact hours upon successful completion. Upstate AHEC is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. www.nursecredentialing.org/accreditation.aspx.

Others: This program is approved for **0.3 CEUs (3 clock hours)** by Upstate AHEC and meets the SC AHEC Best Practice Standards

Successful completion of the program requires attendance for 90% percent of the program and a completed on-line evaluation by the participant within 10 calendar days of the program date. A certificate of completion will not be made available for you if the evaluation is not completed within this timeframe. No partial credit available.

Please Note: Licensees should verify with their state licensing board for acceptance of continuing education units. ANCC Disclosure Statement: Upstate AHEC's conflict of interest policy requires faculty to disclose any real or apparent commercial financial affiliations related to the content of their presentations/materials. The speaker has signed a vested interest form declaring no conflict of interest in education activity. Provisions of this educational activity by Upstate AHEC does not imply endorsement by Upstate AHEC or ANCC of any commercial products displayed in conjunction with this activity.

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New Refund Policy:

To cancel a registration for an upcoming in-person or webinar program our new registration system on the AHEC Learning Portal (ALP), visit the My Registrations page, select the program from your Upcoming Registrations listing and press the Cancel Registration button on the registration details page.

Cancellations must be made prior to each program's cancellation deadline date as listed on its program details page in order to be eligible for a refund. If you paid a registration fee for your in-person or webinar program and cancel via the registration system by the cancellation refund deadline, you are eligible for a full refund (minus any material fee, if applicable) and our staff will be in touch with refund details — refunds are typically processed within 10-15 business days after that. Registrations for online modules and on-demand video programs are not eligible for refunds.