

Update in the Management of Hypertension for Primary Care Providers



Co-Provided by:

**Pee Dee AHEC &
Southeastern CME Consultants, LLC**



Presented by:

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Educational Objectives

Upon completion of this activity, participants will be able to:

- 1) Review the epidemiology of hypertension in the U.S. and morbidity and mortality statistics associated with untreated high blood pressure.
- 2) Discuss recent hypertension guidelines from the American College of Cardiology/American Heart Association, U.S. Preventative Services Task Force, European Society of Hypertension and other professional organizations.
- 3) Evaluate the China Rural Hypertension Control Project and how its results could potentially impact future hypertension treatment efforts in the U.S.
- 4) Recognize barriers to achieving blood pressure goals and successful long-term hypertension management.
- 5) Review antihypertensive drug classes and identify effective combinations of blood pressure lowering drugs.
- 6) Discuss appropriate antihypertensive dosage titration schedules and recommended monitoring parameters for each drug class.

Type of Continuing Education Activity: *Knowledge*

Educational Methods: Lecture presentation with time to answer self-assessment questions and discuss clinical scenarios to include audience participation.

Target Audience: Pharmacists, Advanced Practice Registered Nurses, and Registered Nurses

Faculty & Program Planning Committee Disclosures:

Pee Dee AHEC's conflict of interest policy requires faculty to disclose any real or apparent commercial affiliations related to the content of their presentations/educational materials. Dr. Deborah Hopla, Dr. Spencer Morris, Ms. Kimberly Morris and Ms. Parnell declare no conflicts of interest or financial interests in any product or service mentioned in this program, including employment, gifts, stock holdings and/or honoraria.



DATE: TUESDAY, OCTOBER 22, 2024

TIME: Sign In: 6:30 - 7:00 P.M.

CE Presentation: 7:00 - 9:00 P.M.

LOCATION:

McLeod Health Plaza Conference Center
801 East Cheves Street, Florence, SC 29506

* Attend virtually via WebEx – The meeting link can be found in your MY REGISTRATIONS at <https://www.scahec.net/learn/login>.

PRE-REGISTRATION INFORMATION:

Pre-registration is required through Pee Dee AHEC

To pre-register for this continuing education activity visit <https://www.scahec.net/learn/programs/3908>.

TUITION: \$ 40.⁰⁰ for all Participants

Payment is required at time of registration.

Nursing Accreditation Statement: Pee Dee Area Health Education Center is approved as a provider of nursing continuing professional development by South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Advanced Practice Registered Nurses: This nursing continuing education activity awards **0.5 CH** (Contact Hours) and **1.5 PH** (Pharmacology Hours) upon successful completion.

Registered Nurses: This nursing continuing education awards **2.0** contact hours upon successful completion.



Southeastern Continuing Medical Education Consultants, LLC, is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. ACPE Universal Activity Number(s) for this program are: **0499-9999-24-006-L01-P**. This continuing pharmacy education activity provides **2.0** contact hours (0.2 CEUs) of continuing education credit for pharmacists. A completed attendance verification form and online program evaluation must be completed in order to receive CPE credit. *No fractional hours of credit will be given.*