



Vestibular Rehabilitation: Concept for Assessment and Treatment

Program Description:

Patients with vestibular impairment typically experience issues with gaze stability, motion stability, and balance and postural control. Vestibular rehabilitation is, therefore, focused on addressing these areas of pathology or dysfunction. However, the specific treatment approach will depend on the pathology and each patient's unique presentation. It is, therefore, essential to have a detailed understanding of the vestibular system when treating this patient group. Vestibular physical therapy is performed by a physical therapist who has had extensive training in problems affecting balance and vestibular systems.

Date: Saturday, June 21, 2025

Check in 8:45 am –9:00am
Program 9:00 am—4:30pm

Location:

McLeod Outpatient Rehabilitation and Sports Medicine
2439 Willwood Dr.
Florence, SC 29501

Fee:

\$130 Consortium Member

\$260 Non-consortium Member

Deadline to register: 6/20/2025

Target Audience:

Physical Therapists, Physical Therapist Assistants,
Occupational Therapists, Occupational Therapist
Assistants, and any interested healthcare providers

Note: This program is limited to 25 participants.

Cancellation and Refund Policy:

Cancellations must be made prior to each program's cancellation deadline date as listed on its program details page in order to be eligible for a refund. If you paid a registration fee for your in-person or webinar program and cancel via the registration system by the cancellation refund deadline, you are eligible for a full refund (minus any material fee, if applicable) Refunds are typically processed within 10-15 business days after that.

Credit:

AHEC: This program is approved 0.7 CEU's (7 clock hours) by Pee Dee AHEC and meets S.C. AHEC Best Practice Standards. Participants must attend 90% of the program in order to receive a certificate of attendance. No partial credit will be given.

Occupational Therapists/Occupational Therapist Assistants: This program has been approved for 7.0 contact hours of continuing education with SCOTA.

Physical Therapists/Physical Therapist Assistants: This program has been approved for 7.0 contact hours of continuing education by South Carolina AHEC under its accreditation by the South Carolina Department of Labor, Licensing, and Regulation Board of Examiners for Physical Therapy. Approved Number: CEUL139710 for 0.70 credits from 8/9/2024-8/8/2025.

Instructor: Rebecca English OTR/L, PT, MSR, DPT

Rebecca English earned dual degrees at the Medical University of South Carolina in Occupational and Physical Therapy. After earning her Masters in Rehabilitation Science, she received competencies from Emory University School of Medicine in Vestibular Function Testing and Interpretation with an Application to Rehabilitation and in Vestibular Rehabilitation. Rebecca also earned an Advanced Competency in the Evaluation and Treatment of Complex Balance Disorders. She is an Adjunct Professor at the Medical University of South Carolina in the College of Health Professions teaching coursework related to Vestibular and Movement disorder dysfunction and concussion management in both the DPT and Neuro-Residency programs. Ms. English was one of the course developers for the APTA Expanding Neurologic Expertise: Introduction to Vestibular Rehabilitation. She is a member of the Vestibular Specialization task force developing the Vestibular Practice Analysis and documents supporting the petition for Vestibular Specialization (VCS) through the ABPTS. Ms. English is the Lead PT in the Multidisciplinary Vestibular Disorders Clinic at the Medical University of South Carolina.

Objectives:

Upon completion of this program, the participant should be able to:

1. Describe the anatomy and physiology of the vestibular system.
2. Describe the pathophysiology of common vestibular disorders.
3. Identify Canalith repositioning maneuvers for appropriate canals based on type and direction of eye motion (canalithiasis and cupulolithiasis).
4. Discriminate differential diagnosis of peripheral and central disorders
5. Demonstrate the basic ability to perform and interpret the bedside oculomotor exam.
6. Identify and demonstrate appropriate treatment interventions for patients with vestibular dysfunction.



To register for this program, please visit www.scahec.net/learn/login or scan QR code

For questions contact Kimberly Morris at 843-777-5352 or kimberlymorris@mcleodhealth.org